What is claimed is:

- 1. A swing and sail, comprising:
 - a) a swing that is suspended by at least two chains; and
 - b) a sail that is laterally disposed between said chains and above said swing, wherein a large plane of said sail is positioned generally vertically when said swing is static.
- 2. A swing and sail as described in Claim 1, wherein a first end of said sail is attached to a first of said at least two chains, and a second end of said sail is attached to a second of said at least two said chains.
- 3. A swing and sail as described in Claim 1, wherein said large plane of said sail is comprised of fabric.
- A swing and sail as described in Claim 1, wherein a substantial portion of said large plane sail is generally rectangular.
- 5. A swing and sail as described in Claim 1, wherein said sail is mounted to one of said at least two chains near a left upper side of said sail, and near a left lower side of said sail, and wherein said sail is mounted to a second of said at least two chains near a right upper side of said sail, and near a right lower side of said sail.

- 6. A swing and sail as described in Claim 1, wherein said sail is mounted to each of said at least two chains at two points.
- 7. A swing and sail as described in Claim 1, wherein said sail is mounted to each of said at least two chains by at least two lines that are attached to said sail, and wherein each of said lines is removably attached to said chains.
- 8. A swing and sail as described in Claim 7, wherein said at least two lines are attached to said at least two chains by hook and loop material.
- 9. A swing and sail as described in Claim 7, wherein said at least two lines are attached to said at least two chains by tying said at least two lines to said at least two chains.
- 10.A swing and sail as described in Claim 1, wherein said swing is a bench type swing.
- 11.A swing and sail as described in Claim 1, wherein said sail is laterally disposed between said chains, and above said swing, and below a member from which said at least two chains are suspended.